



**This is a basic exercise that is easy to teach and can help build trust, assist with nail trimming and examinations.**

## Your Training Tools:

- Treats
- 'Marker' Word (e.g. Yes, Nice, Ok!)
- Cue Word (e.g. Roll)

### TIP:

Training sessions should not exceed 2 minutes in duration: you may have as many sessions you and your dog like throughout the day!

## Paw-structions:

- 1. Your Dog's Position:**  
Position your dog at **half arm's length** in front of you: in a lying down position.
- 2. Lure:**  
Hold a treat in front of your dog's nose and move it to the side of your dog's head, opposite the direction you want your dog to roll. Continue to move the treat towards your dog's shoulder blade. This should lure your dog to flop on its side.
- 3. 'Marker' Word:** *allows you to let your dog know that they did good and a reward is coming*  
As your dog flops, use your *Marker*.
- 4. Reward:** *a great reinforcer to fast track training*  
Give your dog the treat **IMMEDIATELY** after saying your *Marker*.
- 5. Practice:**  
Repeat several times.  
When your dog is confident to flop, continue the motion with your hand as you move the treat from the shoulder blade towards your dog's backbone. This should lure your dog to roll onto its back and over to the other side. Mark and Reward.
- 6. Cue Word:** *allows you to put this exercise on cue*  
Once your dog is confident in the movements freely, say your *Cue Word* **before** presenting your lure. Mark and Reward.
- 7. Practice:**  
Repeat several times. If your dog is rolling on lure, pretend to hold treat follow the above instructions. Mark and Reward.  
This is the process of weaning out the treats on lure and using hand signals.

## Training Sessions Durations

Keep your training sessions short. Every dog is an individual and their success will be determined by their motivation, their reinforcer and their attention capabilities in 'schooling'.

**If you require further assistance teaching your dog, contact our experienced and professional dog behavioural trainer on 0409 636 117 or email [info@pantingpaws.com.au](mailto:info@pantingpaws.com.au)**